





Board of Supervisors Update

March 2017

Behavioral Health

SIERRA WELLNESS CENTER MARCH 2017 Join us for FREE & FUN activities!

SUN	MON	TUES	WED	THUR	FRI	SAT
			1	2	3	4
DESCRIPTION OF EACH ACTIVITY IS ON THE BACK			<u>Small Steps Big Difference</u> (MCBH office) 5:15pm-6:30pm	<u>Narcotics Anonymous</u> 12:00pm-1:00pm	<u>Yin Yoga Stretch</u> 1:30pm-2:30pm <u>HSP Support group</u> 2:30-3:30pm	
5	6	7	8	9	10	11
	<u>Revolving Doors</u> 8:30am-9:30am <u>Club House Live</u> 3:00pm-6:00pm	<u>Yin Yoga Stretch</u> 1:30pm-2:30pm <u>Club House Live</u> 3:00pm-6:00pm <u>Overeaters Anonymous</u> 5:30pm-6:30pm	<u>Club House Live</u> 3:00pm-6:00pm <u>Small Steps Big Difference</u> (MCBH office) 5:15pm-6:30pm	<u>Narcotics Anonymous</u> 12:00pm-1:00pm <u>Club House Live</u> 3:00pm-6:00pm	<u>Yin Yoga Stretch</u> 1:30pm-2:30pm <u>HSP Support group</u> 2:30-3:30pm <u>Club House Live</u> 3:00pm-5:00pm <u>Circulo de Mujeres</u> 5:30pm-7:00pm	
12	13	14	15	16	17	18
	<u>Revolving Doors</u> 8:30am-9:30am <u>Club House Live</u> 3:00pm-6:00pm	<u>Yin Yoga Stretch</u> 1:30pm-2:30pm <u>Club House Live</u> 3:00pm-6:00pm <u>Overeaters Anonymous</u> 5:30pm-6:30pm	<u>Club House Live</u> 3:00pm-5:00pm <u>Small Steps Big Difference</u> (MCBH office) 5:15pm-6:30pm	<u>Narcotics Anonymous</u> 12:00pm-1:00pm <u>Club House Live</u> 3:00pm-6:00pm	<u>Yin Yoga Stretch</u> 1:30pm-2:30pm <u>HSP Support group</u> 2:30-3:30pm <u>Club House Live</u> 3:00pm-5:00pm <u>Circulo de Mujeres</u> 5:30pm-7:00pm	
19	20	21	22	23	24	25
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26	27	28	29	30	31	
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Taco Night



Benton Social

Come out and Join us for some tacos- fun- and games. Please bring your kids as Clubhouse Live will be in the house!!! Clubhouse Live is Mono County's after school youth program. Our core group of mammoth youth will be attending Taco night and interacting with any youth that show up from the Benton area. Open to public-all are welcome- kid friendly environment. Clubhouse Live is sponsored by The Mono County Child Care Council. For information call Sal: 760-924-1740

Thursday March, 30, 2017- 5pm-7pm

At The Benton Community Center

Hosted by MCBH and Paid for by Prop. 63

Spanish Language Meetings

Foro Latino

15 de Marzo del 2017
5:30-7:00 pm

Presentado por el Comité Cultural de
Salud Mental

- Temas de discusión
- Cuidado para sus niños
- Comida: habrá aperitivos disponibles, favor de traer un platillo para compartir
- Presentación de baile folklórico: Yatziris- Doncellas de la Luna



SALUD MENTAL
(760) 924-1740

Sala de Reuniones de Servicios Sociales
(Tercer Piso Sierra Center Mall)

Evento auspiciado por la Proposición 63 del
Departamento de Salud Mental del Condado de Mono

Círculo de Mujeres

Es un grupo gratuito en español en el cuál habra aprendizaje, amistad, sanación y regocijo. Aprenderemos sobre el auto cuidado, el manejo del estres, auto conocimiento y técnicas y consejos para el diario vivir.



Todos los viernes de 5:30pm a 7:00pm

En el Centro de Bienestar

(En el Segundo piso de Sierra Center Mall)

Para mayor información comuníquese con Bertha Jimenez al 760-924-1740



Este grupo es auspiciado por Proposición 63



Comunidad

Preguntas

Respuestas

Apoyo

Seguridad



ECONOMIC DEVELOPMENT:

- **“Mountains, Work, Life” Video** – Our latest testimonial video production already has 12,500 views on YouTube (good engagement as YouTube only counts views of 30 seconds or more!): <https://www.youtube.com/watch?v=pnhivhsn1f0>.



- **New Director for Mammoth Lakes Chamber of Commerce** – Please join us in welcoming the new director for the Mammoth Lakes Chamber of Commerce. Ken Brengle starts in his new role on April 24th. (See press release below)



Contact: Lara Kaylor, Mammoth Lakes Tourism
760-934-2712 ext.1303 or lkaylor@visitmammoth.com

Follow: Facebook.com/VisitMammoth
Twitter.com/VisitMammoth



FOR IMMEDIATE RELEASE

Ken Brengle Takes the Reins at Mammoth Lakes Chamber of Commerce

New Chamber Director starts April 24

Mammoth Lakes, Calif. (April 17, 2017) — The Mammoth Lakes Chamber of Commerce has hired Ken Brengle as its new Director. Brengle comes to the position with more than 30 years of Chamber experience, and is no stranger to mountain communities.

“I did a lot of work with Chamber resort associations in Colorado, as well as in Big Bear,” Brengle explained. “I love mountain communities and have a close tie to them.” Brengle was raised in Colorado and is a graduate of Fort Lewis College in Durango, Colo. He managed Chambers throughout Colorado, Wyoming and California.

For the past two years Brengle has been working for Union Bank in Southern California while his son was attending high school, but his passion is in the Chamber management field. He is looking forward to getting back to what he loves now that his son is about to graduate.

Brengle’s wife used to live in Mammoth Lakes so he is familiar with the area. Ken is looking forward to jumping feet-first into his new position on April 24.

“Membership is always the number one priority with a Chamber,” Brengle said. “I’m looking forward to getting out and visiting the business community and listening to the business owners to determine the issues that need to be addressed.”

“We are thrilled to have someone with Ken’s breadth of Chamber experience with a track record of building communities by working with both the public and private sectors,” said Mammoth Lakes Chamber President Jeff Guillory. “As a Colorado native, we are equally excited to have someone like Ken who shares our love of and passion for the mountains.”

“I’m looking forward to getting back to a community that is obviously moving forward,” Brengle added, “and to assisting the business community in getting to the next level.”

As Brengle takes on the Chamber Director role, Jessica Kennedy, who has been serving as the Interim Director, and previously as Business Projects Manager for the Chamber and Mammoth Lakes Tourism, will step into the role of Assistant Director of the Chamber of Commerce.

Mammoth Lakes Tourism has hired local Emily Summers as its new Office Manager to replace the work that Kennedy was doing for MLT. Summers will begin work on April 24 as well.

###

- **Global Ready: China seminar** – We had a full house for the successful China Ready seminar presented by Visit California’s Global Ready team on March 29th. The seminar was held at the Sierra Events Center and about 90 people attended from all over the region from Bishop to Walker – and from as far away as Merced. Huge thanks to the Visit California team, and to our co-hosts Mammoth Lakes Tourism and Mammoth Lakes Chamber of Commerce for an extremely informative event. Thanks also to Supervisor Corless for her opening remarks (pictured below).



TOURISM:

Advertising:

- 15 second television spots go live this week for Fishing Opener in the Reno and Bakersfield markets: <https://youtube/5IFaKILesM4>
- Western Outdoor News, Eastern Sierra Preview Supplement. Local dog “Razz” at Grant Lake on March 25th makes the inside front page –



Social Media:

- Facebook – Like flowers in spring, businesses throughout the county are slowly opening their doors for summer once again. And Mono County’s fans on Facebook love it, (reach of 70K for this one post):

Mono County Tourism - California's Eastern Sierra
Published by Jeff Simpson (?) · April 15 at 2:43pm · 🌐

Jolly Kone opened for the summer yesterday!!!! 🍦🍦🍦🍦🍦🍦

70,307 people reached [Boost Post](#)

Mono County Tourism - California's Eastern Sierra
@VisitEasternSierra

- Home
- About
- Photos
- Events
- Instagram feed
- Join My List
- Reviews
- Likes
- Videos
- Posts
- Services
- Shop
- Groups
- Notes



PR/Media:

- Powder Magazine: Bridgeport, Dunderberg and the Sawtooth Range are featured in this winter's Powder Magazine article about backcountry skiing in the Sierra: <http://www.powder.com/latitudes/us/california/party-skiing-the-eastern-sierra-classics/#tW5kRQKZ8bCopgIO.97>
- Red Tricycle: We made the list of places to see great wildflowers: <http://bit.ly/2nSYHnd>
- BBC: Part of the UK Travel Writer Fam co-hosted by Mammoth Lakes Tourism, Visit California and Mono County Tourism --

Worth the Drive

Mono County

Located about 280 miles east of San Francisco, Mono County is on Yosemite National Park's eastern entrance—and an incredible place to peep blooms with young hikers. If driving, US Highway 395 is the way to go. Catching Mono County wildflowers in bloom depends on winter snowfall accumulation and the speed with which it melts. Wildflowers at higher elevations tend to peak later in the season. Many trails and meadows are dappled with color throughout spring and summer. The [Agnew Meadow](#)/Wildflower Nature Trail meanders through Reds Meadow Valley west of Mammoth Lakes. Once the road from Minaret Vista to Devils Postpile opens in the spring, this trail is an early season spectacle (June and July) and includes larkspur, lupine, lilies and columbine. [Rock Creek Canyon](#) between Mammoth Lakes and Bishop boasts diverse, stunning displays in mid- to late July and into August. Popular subalpine varieties include lupine, tiger lilies and bull elephant's head. [McGee Creek](#) is another seasonal flora and fauna favorite. Located just north of Crowley Lake, it is one of the Eastern Sierra's most popular spots for wildflower photography. Mule's ears, lupine, bird's beak and phlox are often found in abundance. [Parker Lake](#), a leisurely 2-mile trail, is at the north end of the June Lake Loop. Here, hikers will see sulphur flower, balsamroot and mule's ears. Be on the lookout for quaking aspens, where some Basque shepherds carved names, dates and even poetry. On [Tioga Pass](#), [Nunatak Nature](#) and [Bennettville Trails](#) are late summer nooks for scores of flower like rock cress, draba, red and white leather, penstemon, crowded lupine and dwarf bilberry. Tioga Pass is home to Saddle Lake Loop, a 4.2-mile trail, perfect for a variety of skill levels. Nunatak is especially nice as it's an easy half-mile, paved and dog-friendly. Bennettville—complete with a cool abandoned mining town—is considered moderate, but remember that you're at a 9,500-foot elevation. Speaking of, due to the higher elevation flowers here tend to bloom later with a short growing season.

Good to know: Before you go, [download](#) Wildflower Hot Spots of the Eastern Sierra guide, or pick it up at visitor centers in Mono County for a small donation.

800-845-7922
Online: MonoCounty.org

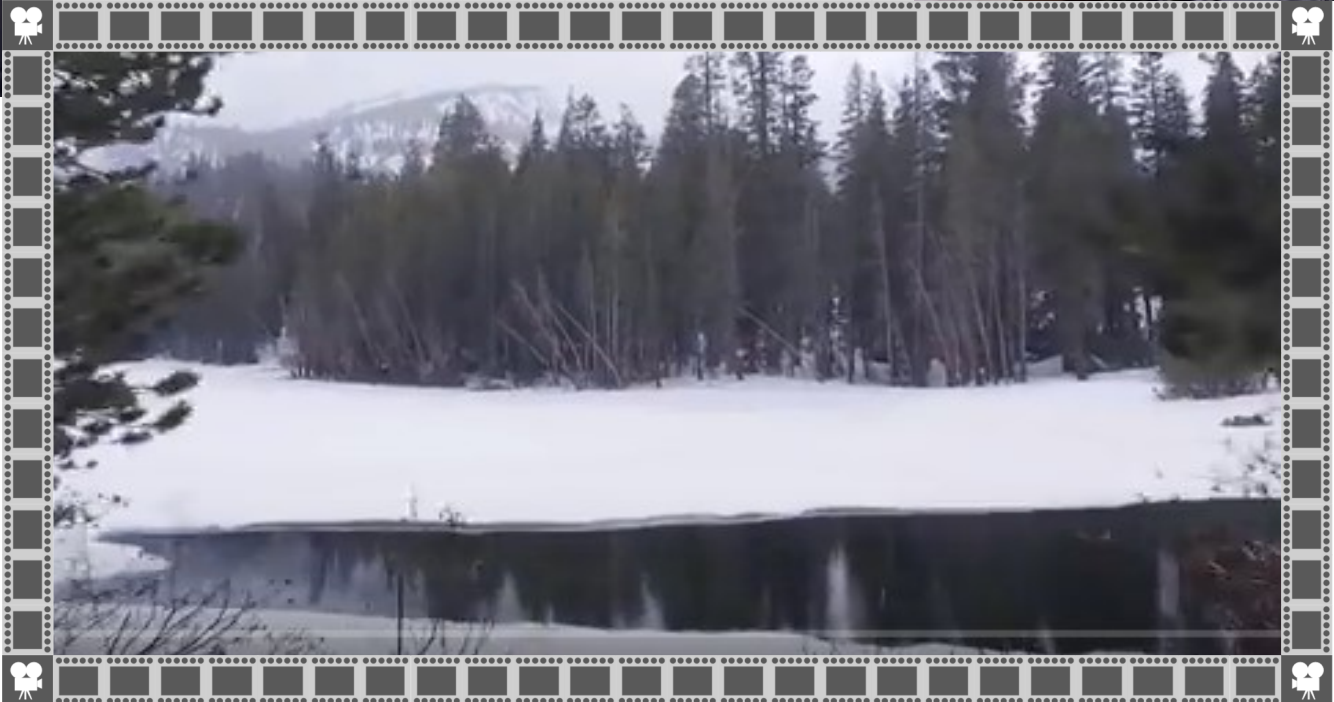
—Olivia Boler



FILMING:

- *Running Wild with Bear Grylls* – In case you missed it, Bear and celebrity Nick Jonas go for a dip in semi-frozen Horseshoe Lake last spring:

https://www.youtube.com/watch?v=xiYg_5YjPw



- Dodge commercial, winter 2017 --
<https://www.youtube.com/watch?v=AgOtSHeGH28>



ONLY DODGE OFFERS A FAMILY OF ALL-WHEEL-DRIVE MUSCLE CARS



Emergency Medical Services

A lot of exciting changes coming to our County Paramedic Program, with direction from our Board of Supervisors, we are creating a new Department of EMS. This new Department will not only oversee the Paramedic program but will continue the goal of providing support to our Volunteer Fire Districts with their role in our County wide EMS system.

Our folks respond to a variety of requests for service; including medical and traumatic incidents along with providing standby and support services to our local fire districts. Not all the outcomes are positive, so it's nice to relate a recent incident that not only had a positive outcome but a happy family outcome.

On April 1st, Paramedic Kevin Smith and EMT Kyle Rose were working B-Shift at station 2 in June Lake. At 1650 hrs, Medic-2 and June Lake fire were dispatched to a report of a person through the ice on Gull Lake. When Medic-2 arrived on scene, bystanders advised them of a dog in the water a little way off shore. They meet up with the owners who showed them their dog had broken through the ice about 40 feet from shore and was unable to get out of the water and back onto the ice. While waiting for June Lake fire to arrive, Kevin and Kyle started on a plan of action, since our folks are trained in both ice rescue and rope rescue along with carrying the necessary equipment they started assigning tasks to the folks on shore.

Kyle Rose who also has a background as a lifeguard, donned the cold-water suit and Kevin Smith assumed the role of haul team leader on shore with assistance from the family and bystanders. Kyle entered the water and then moved across the ice to the dog, Kyle was able to lock his arms around the dog and then signaled the haul team to pull him in. Both dog and rescuer made it safely to the shore and after a quick check for injuries and a little re-warming dog was returned to his family.



Nothing better than reuniting one of our furry friends with his family, Great job by the crew of Medic-2 and June Lake Fire.

PUBLIC HEALTH DEPARTMENT



Healthy Stores for a Healthy Community is a statewide campaign formed by tobacco prevention, nutrition, alcohol abuse prevention and STD prevention partners collaborating to improve the health of Californians by informing them about the impact of unhealthy product availability and marketing in the retail environment. On March 8th, throughout California, health advocates held 13 press events to release results of the scientific Healthy Stores Healthy Community survey, which is the largest its kind. Building upon initial research released three years ago in March 2014, it provides insights into changes in the availability and marketing of the tobacco, alcohol as well as healthy food offerings during this time. Information was collected in the summer of 2016 from more than 7,100 stores in all 58 California counties including pharmacies, supermarkets, delis, convenience and liquor stores as well as tobacco-only stores. Data collectors surveyed all stores in Inyo and Mono that sell tobacco.

See the interviews that aired on KSRW in Mammoth to hear about the local results.

Segment one: <https://youtu.be/jk45-Te7cg8?t=5m56s>

Segment two: <https://youtu.be/3JNXGn0aVg?t=6m9s>



DO 1 THING

GOAL FOR APRIL - FOOD:

Store an emergency food supply that will meet your household needs for 3 days without outside help.



❖ Buy a three-day emergency food supply for your household.



❖ Put aside a three-day supply of food for disasters. Follow the BUS rule to help you. BUS stands for balance, usability, and shelf-life.

❖ 1. Balance: A balanced diet includes a variety of foods. This is especially important for people with certain health conditions. Include high energy foods (such as nuts and protein bars) and comfort foods (such as graham crackers or chocolate).

❖ 2. Usability: Choose items that don't need to be cooled, heated, or need a lot of water. Examples include canned or dried meat, dry cereal, and canned vegetables. Make sure you have a manual can opener.

❖ 3. Shelf Life: Look at the expiration date listed on the food item. Use and replace foods before the expiration date.



❖ Take steps to make sure food in your refrigerator and freezer will stay safe.

❖ If the temperature in your fridge stays above 41°F for more than 4 hours, perishable food items may be unsafe to eat.

❖ If the temperature in your freezer stays above 41°F for more than one to 4 days, food may be unsafe to eat. Food that still contains ice crystals should be safe.

❖ Take steps now to make sure your food remains as safe as possible:

- Install a thermometer in your fridge and freezer.
- Keep containers of ice in your freezer to keep the temperature down.

❖ When the power goes out:

- Cover the fridge or freezer in newspapers and blankets but keep vents clear.
- Avoid opening the door to the fridge or freezer.
- Use dry ice, if available.



❖ Make sure you can meet any special dietary needs in your household.

❖ Prepare for special food needs and keep special food prep equipment available.

❖ Research and prepare non-perishable menu options.

❖ Keep a description of your medical condition and the diet in your emergency kit.



The Red Cross will never provide information about you to anyone without your permission. There is never any charge for emergency sheltering.



Check out this link for more information and help getting prepared:
<http://do1thing.com/audiences/individuals>

Social Services

Welcome new employee Scott Forbes

We are thrilled to announce that Scott joins Megan Foster in our Walker Social Services Office!

From Scott: After my wife Sandra retired from the State of California we decided to live out a dream and move to Mono County. We had been coming over to this area to vacation for years as we love the outdoors and the beauty of the Eastern Sierra Nevada. I also have family ties to both Mono and Inyo counties. My mom grew up in Bishop and my Grandpa was a cattle rancher running his cattle all over Inyo and southern Mono County. As a child I used to go visit my Grandpa for a few weeks every summer and hike, explore, fish and go horseback riding.

I spent the last 33 years in the automotive repair industry in one form or another and am looking forward to a new career with the Department of Social Services. I feel very fortunate to have gotten this position and am looking forward to being able to help the community.

