

## Generic Exposure Control Plan

### (XII) Exposure Control Training Requirements for Practitioners

1) U Yes    U No – Has the practitioner had Exposure Control training that includes bloodborne pathogen epidemiology and symptoms of disease and transmission within the last 3 years?

### (V) Client Requirements:

1) How will facility verify the age of the client (drivers license, birth certificate etc.)?

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2) How will facility determine the medical condition of the client (observe for rash, pimples, evidence of infection, open lesions, moles, sunburn, cold sores, fever blisters, and question the client if has medical conditions requiring physician-prescribed antibiotic therapy before any invasive procedures and decline service to anyone who is impaired by drugs or alcohol or is incapable of making an informed consent)?

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### (VIII) Facility Requirements:

1) How will facility clean and disinfect surfaces (clean then use an EPA registered disinfectant)?

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2) What kind of sanitary facilities (restroom) will be provided (facility will provide clean and disinfected toilet facilities with toilet paper, a hand sink with hot/cold running water, liquid antimicrobial hand soap in a pump dispenser and paper towels)?

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3) What kind of handwash facilities will be provided in the workstation area (facility will provide a hand sink with hot/cold running water, liquid antimicrobial hand soap in a pump dispenser and paper towels or other approved hand drying device)?

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4) ☐ Yes ☐ No – Is the cleaning area separated from any other area in the facility by a wall or solid barrier extending from the floor to a minimum height of 8 feet?

5) ☐ Yes ☐ No – Does every area including, but not limited to workstation(s), cleaning area or room, instrument storage area(s), restroom(s), have durable, smooth, nonabsorbent wall and floor surfaces?

6) ☐ Yes ☐ No – Are all surfaces, including but not limited to , counters, cabinets, tables, equipment, chairs, recliners, and shelving made of smooth non-absorbent, non-porous materials that can be easily and repeatedly cleaned and disinfected?

(X) Housekeeping:

1) ☐ Yes ☐ No – Is anyone under the age of 18 being allowed in a workstation?  
☐ Yes ☐ No – If yes, are they being accompanied by a parent or legal guardian or are they an emancipated minor?

2) ☐ Yes ☐ No – Are all areas being kept neat, clean and in good repair?

3) ☐ Yes ☐ No – Is an EPA registered disinfectant or germicidal being used after cleaning to disinfect any surface contaminated with blood or body fluids?

4) ☐ Yes ☐ No – Is the waiting area separated from the workstation and cleaning areas?

5) ☐ Yes ☐ No – Is the cleaning room or area set up in such a manner to provide distinct, separate areas for cleaning equipment and for the handling and storage of sterilized instruments?

6) ☐ Yes ☐ No – Is the cleaning area sink being reserved for instrument cleaning only?

7) ☐ Yes ☐ No – Does each workstation have a commercial sharps container that is rigid, puncture proof, leak proof and labeled “Sharps Waste” and the biohazard symbol?

8) ☐ Yes ☐ No – Is the procedure area and client chair/table being wiped down with an EPA registered disinfectant or germicidal using a single use paper towel after each client leaves the procedure area.

(XIII) Approved Sterilization Equipment and Monitoring:

1) ☐ Yes ☐ No – Do you only use individually packaged, sterile single-use equipment in your facility? If Yes, then the following questions in this section will not apply to you.

2) If any instruments or equipment are being re-used, how are they being cleaned and sterilized (use an ultrasonic cleaner and steam sterilizer)?

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3) ☐ Yes ☐ No – Do you use instruments in Body Art application that are properly cleaned and sterilized and packaged in sterilizer bags with a color change indicator?

4) ☐ Yes ☐ No – Do you operate, clean, and maintain your sterilizer according to manufacturer specifications?

5) ☐ Yes ☐ No – Are you testing your sterilizer monthly by a certified laboratory by using a commercial biological monitoring (spore) system to assure that all microorganisms, including heat resistant spores are being destroyed?

6) ☐ Yes ☐ No – Are you testing for efficacy, whenever sterilizer is in use, by indicator tape, integrator or some other efficacy indicator attached to the middle of each load?

(XIV) Instrument Sterilization, Set-Up and Use:

1) ☐ Yes ☐ No – Are contaminated non-disposable equipment, including but not limited to, needle tubes, body piercing tubes or other instruments that are contaminated being immersed in EPA approved germicidal solution in the cleaning area until cleaned and sterilized?

2) Before being sterilized, how are all instruments being thoroughly cleaned (in an ultrasonic cleaner following manufacturer's instructions)?

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3) How are non-disposable instruments packaged into sterilization bags (with color change indicators or packaged individually in peel-packs with color change indicators. All packages shall be dated and initialed by the preparer. If a sterilized package has become breached or allowed to get wet, the instrument(s) must be repackaged and sterilized again before use)?

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4) ☐ Yes ☐ No – Is each sterilization bag being dated and initialed by the person preparing the instruments and equipment?

- 5) ☐ Yes ☐ No – After sterilization, are the packaged instruments being stored in a clean dry cabinet or other tightly covered container reserved and labeled for the storage of sterile instruments?
- 6) ☐ Yes ☐ No – Is someone keeping a log of sterilization procedures that is being maintained and contains the type of load, quantity of load, temperature, pressure readings and length of sterilization time?
- 7) ☐ Yes ☐ No – Is the practitioner wearing new clean disposable examination gloves and using proper techniques to assemble, without contamination, all instruments and supplies as follows?:
- a) Sterilized instruments shall remain in sterile packages until opened in front of the client.
  - b) A pierced, torn or contaminated glove shall be discarded and both gloves replaced.
  - c) Gloves shall be discarded after completion of each procedure on an individual client, and hands washed prior to donning the next pair of gloves.
  - d) Under no circumstances shall a single pair of gloves be used on more than one individual.

(XV) Contaminated Waste

- 1) ☐ Yes ☐ No – Are contaminated sharps (tattoo needles, permanent cosmetic needles, piercing needles and razors etc.) being disposed of in accordance with the California Health and Safety Code, Sections 117560-118360 (Medical Waste Management Act)?
- 2) ☐ Yes ☐ No – Is waste, other than sharps waste, including gauze, wipes, tissues, paper towels, unused dyes and inks, placed in plastic bags, securely tied and disposed of daily in a refuse container that prevents unauthorized access?

(XVI) General Body Art Practices and Procedures

- 1) ☐ Yes ☐ No – Is the practitioner having the client fill out and sign a Client History form (information and consent form) that includes what was provided as proof of age and signed by the practitioner.
- 2) ☐ Yes ☐ No – Does the practitioner allow eating, drinking, or smoking by the client or practitioner in the preparation or procedure (workstation) areas?
- 3) ☐ Yes ☐ No – Does the practitioner thoroughly wash hands, as defined in Section I, before and after each client, to prevent cross contamination and/or transmission of body fluids, infections or exposure to service related chemicals or wastes?

- 4) ☐ Yes ☐ No – Does the practitioner wear new clean disposable examination gloves for every client and procedure and, if a glove is torn or otherwise compromised or contaminated, discard both gloves and don a new pair?
- 5) ☐ Yes ☐ No – Is the practitioner using new single-use disposable drape lap cloths, or aprons for each client.
- 6) ☐ Yes ☐ No – Is the practitioner, immediately, before any procedure is begun, wiping down the procedure area, including the instrument tray, with an EPA registered germicidal or disinfectant and the procedure tray covered with a cover?
- 7) ☐ Yes ☐ No – Does the practitioner arrange all instruments and supplies needed for a procedure on a single-use tray cover, such as absorbent pad, plastic wrap, waxed paper or aluminum foil.
- 8) ☐ Yes ☐ No – Are all pre-sterilized instruments or facility sterilized instruments being opened in front of the client?
- 9) ☐ Yes ☐ No – Is the practitioner cleaning and disinfecting the body area with a germicidal or antimicrobial soap before, during, and after any procedure?
- 10) ☐ Yes ☐ No – Upon completion of any procedure, including lower earlobe piercing is the practitioner providing written and verbal aftercare instructions that specify the following?:
- (a) Responsibilities and care following the Body Art procedure(s) or lower lobe ear piercing.
  - (b) Possible side effects specific to the type of procedure(s).
  - (c) Physical restrictions with an activity time line.
  - (d) Signs and symptoms of local or general infection.
  - (e) Instructions to call a physician if any of the addressed signs and symptoms appears or for any other reason related to the procedure.
  - (f) Instruct the client to notify the practitioner if physician care is required by the client. This information should be placed in the client's file.