



Eastern Sierra Substance Use Project

A group of people and agencies seeking to reduce the harmful impacts of substance use in Eastern Sierra communities

Wednesday, March 3, 2021, 10-11:30am

I. Intro: Meeting will be recorded, please mute yourself unless speaking.

Welcome and Introductions: In the chat box, chat your full name and which organization you represent or state “no affiliation” or “community member”

II. Review Substance Use Taskforce Website and social media updates (10 min)

- Ongoing changes, trainings (on-demand/recorded or live)
- In process of making the Narcan site a substance use resource page that will be more user friendly to the community.
- Social Media Updates: Justin

III. Inyo updates on Narcan distribution event

IV. Discuss Harm Reduction supplies and Access (20min)

- Eastern Sierra Substance Use harm reduction resource bags (Mono County Behavioral health and Health Department supplies)
 - More outreach supplies? Face masks that say “this is harm reduction”, water bottles, sanitizer
 - Agency contributions?
- Possible for ER to distribute in emergency situations?
- Broad announcement about harm reduction resources, newspaper ad, radio. (if you find one, need to drop, or pick-up clean needles)
- Updates on access in Mammoth, finalize resources to create outreach flyer:

Medication drop boxes:

Von’s Pharmacy (Mammoth Lakes)
Mammoth lakes police department

Syringe pick-ups (without a prescription) locations:

Von’s Pharmacy (Mammoth Lakes)- 3\$/each
Mono County Behavioral Health- free

Syringe disposal locations:

Mammoth Lakes Hospital- in front of the ER (Big Red Box)
Mono County Health Department (if in a sharps container)

Draft of Harm Reduction graphic design for outreach



V. Open Discussion: Discuss Narcan Distribution (30min)

- Narcan Distribution subgroup- meets after ESSUP meeting
 - Behavioral health, public health, any other community members or organization can join that want to be apart of distribution. Stay on after this meeting if you would like to join subgroup.
- Plan a Narcan distribution event in Mono County (discuss logistics in Narcan Distribution subgroup)
- Organizations able to distribute (?)
 - Mammoth Mountain able to distribute? Narcan in each employee housing (?)
 - Share Narcan resources at AA meetings etc.
 - First 5 could distribute, still need to follow up and provide Molly Narcan
 - *Must watch Narcan distribution training video on website

VI. Community Roundtable (remaining time):

- Share updates, needs, and/or concerns, success stories related to substance use interventions within agencies or communities.
- Requests for Trainings (Mental Health First Aid, Another virtual conference?.....)