

**Mono County Behavioral Health
Presents**

Mental Health First Aid Training

Identify. Understand. Respond.

**Learn How You Can Help Someone in Emotional Distress.
Become Certified as a Mental Health First Aider.***

**This free 8-hour training gives you the skills to identify,
understand and respond to people in distress who are
experiencing a mental health or substance-use crisis.**

OPEN TO THE PUBLIC

Space is Limited. Please Register by May 20, 2021

To register email [Susie Bains @sbains@shinehelp.org](mailto:sbains@shinehelp.org)

**This class is sponsored by Mono County Behavioral Health and is funded
by the Mental Health Services Act**

WHEN:
Thursday, May 27, 2021
8:00 am-5:00 pm

WHERE:
The Village at Mammoth

- Must attend full 8-hours for certification

This is an in-person training. The health and safety of each participant is of the utmost importance. Safety guidelines have been developed for this training and reviewed by MCPH for the health and safety of all participants. Guidelines will be distributed at registration or upon request.

